

# The art of putting your best face forward

Aesthetic practitioner Dr Komathy Rajaratnam of Excellence Healthcare aspires for perfection in all she does. Whether it's hair removal or mesotherapy, she derives genuine satisfaction from the best results



An exacting eye and strict adherence to the highest standards are two essential qualities patients ought to look for in their aesthetic doctors. For her part, Dr Komathy has these two and quite a few more in abundance. In fact, her constant aspiration is to be one of the best doctors in the field of aesthetic medicine — to keep striving for that excellence, recognising that it is always possible to continually learn and improve in her field.

This is what drives Dr Komathy to seek further training and learn new procedures in the field of aesthetics — which is constantly growing and developing with new technology always coming to the fore.

In 2000, Dr Komathy was one of the first doctors in Singapore to undertake training in laser hair removal, and consequently has been able to offer her patients safe, effective and permanent hair removal. In fact, with the latest Aurora DS with ELOS technology, she is able to remove very fine, light coloured or even white hair. The technology is safe for all skin types, even tanned skin, which has been known to burn

## **DR KOMATHY RAJARATNAM**

### **Excellence Healthcare Pte Ltd**

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with IPL devices. To address stubborn acne scars, hyper-pigmentation and melasma, she uses the Aurora SR.

Recently, Dr Komathy also took part in a Mesotherapy workshop with the French pioneer Dr Le Cox who worked with the founder of mesotherapy in France, Dr Pistor. Dr Komathy does both body and facial contouring for her patients as well as facial rejuvenation.

“The beauty of aesthetic medicine is that correction or improvement is made without much downtime and it can be affordable to everyone.”

When she's not working, the active doctor enjoys travel, music, dancing and reading crime novels as well as the company of her two children. This leaning towards diversity makes sense in light of the spectrum and ever changing nature of the world of aesthetics. It's something that keeps her moving, drives her to always do her best while being passionate and fully engaged in what's new and exciting. But always, there is that constant: a serious focus on what works.

“Aesthetics is all about creativity and yet at the same time, it's about helping someone become happier about themselves. It's an art. It is always exciting, never boring.”



## BACKGROUND & CREDENTIALS

### National University of Singapore

MBBS, 1985

### Medical Registration

New South Wales (Australia), 1990

### University of Wales (Cardiff), UK

Diploma in Dermatology, 1999

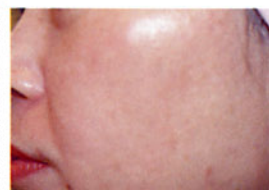
### American Academy of Aesthetic Medicine

Member, 2006

## WHAT DR KOMATHY CAN DO



Before



After