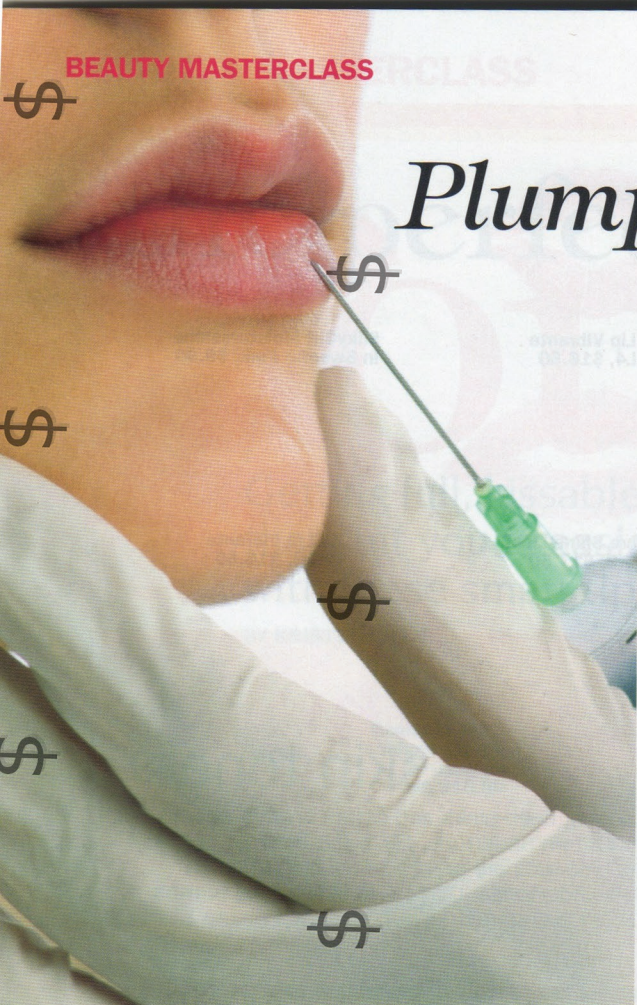


# Plump Up Your Lips



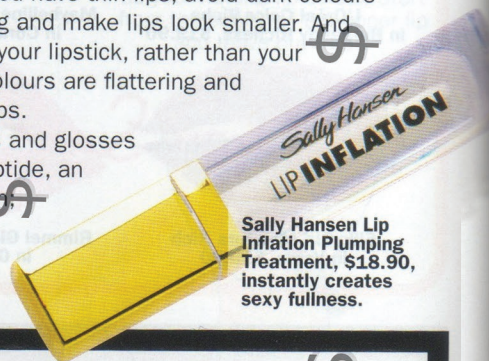
When it comes to getting Angelina Jolie's bee stung puckers, there are two main non-surgical options: aesthetic fillers or makeup tricks.

Aesthetic fillers, which last between six and eight months, are used to plump lips, especially when they have lost volume due to ageing. Fillers usually consist of hyaluronic acid or collagen, which are injected directly into the lips.

According to Dr Komathy Rajaratnam, a GP practising aesthetic medicine at Lifestyle Clinic, the results are immediate and natural looking without much downtime. The procedure is almost painless and can be administered with a pain reliever to help make it more comfortable. One session is all you need and prices range from \$750 to \$900, depending on the type of filler used, your skin quality and lifestyle.

If you are looking for a less invasive but equally effective option, makeup tricks can go a long way. Start with lipstick that's a few shades lighter than your bare lips. If you have thin lips, avoid dark colours because they are overpowering and make lips look smaller. And use a lip pencil that matches your lipstick, rather than your skin. Tinted glosses in light colours are flattering and give the impression of fuller lips.

Do also choose lipsticks and glosses that contain palmitoyl oligopeptide, an ingredient that boosts collagen; research shows that it may have a permanent effect.



Sally Hansen Lip Inflation Plumping Treatment, \$18.90, instantly creates sexy fullness.

## Tips & Tricks

### Keep lipstick off your teeth

Alliance Cosmetics' Boudville suggests that after applying lipstick, stick your index finger in your mouth, form an 'O' with your lips and gently withdraw your finger. Any excess lipstick will come off onto your finger.

### Fix broken lipstick

Place the broken bits in a jar and apply with a lip brush. For a lipstick that is broken at the base, simply blow dry both the bottom of the broken stick and the base in the lipstick container on low. When they look like they have melted a bit from the heat, press the lipstick onto the base firmly. Keep in the fridge for 15 minutes so that your lipstick sticks back nicely to the base.

### For mature lips

Choose creamy, shiny formulas; they reflect light, creating the illusion of fullness. Strengthen your lip line by tracing the outer edge of your natural border using a liner that's one shade deeper than your lip color. Do also moisturise lips with lip balms like La Clarée Oliv' Eye and Lip Contour Treatment before applying any colour.

### Prevent lipstick bleeding

When lips are dry, apply lip balm to moisturise them. Using a lipliner is another effective solution.

Juice Organics Natural Lip Amplifier, \$14.90



La Roche-Posay Ceralip Lip Repair Cream, \$24.90

### Right the wrong colour

If you've bought the wrong colour, don't chuck it out. Reinvent it by mixing it with another lipstick or gloss until you get the perfect shade.

La Clarée Oliv' Eye and Lip Contour Treatment, \$47.90

